



JANUARY | 2019

Unioto High School & Middle School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 31 NO SCHOOL | 1 HAPPY NEW YEAR | 2 NO SCHOOL | 3 NO SCHOOL | 4 NO SCHOOL |
| 7 Chicken Sandwich Choice of Fruit Cheesy Potatoes Green Beans | 8 Sherman Brunch (French toast sticks, sausage, hash brown) Choice of Fruit Corn Apple Crisp | 9 Mac & Cheese Choice of Fruit Sweet Potatoes Broccoli w/ cheese sauce | 10 Hot Ham & Swiss w/ pretzel bun Choice of Fruit Seasoned Potato Wedges Green Beans | 11 Bosco Sticks w/ marinara Fish Sandwich Choice of Fruit Corn Baked Beans |
| 14 Chicken & Noodles w/ roll Choice of Fruit Mashed Potatoes Green Beans | 15 BBQ Pork w/ bun Choice of Fruit Corn Peach Crisp | 16 Mini Corn Dogs Choice of Fruit Sweet Potatoes Broccoli w/ cheese sauce | 17 Buffalo Bites Choice of Fruit Seasoned Potato Wedges Green Beans | 18 Spicy Chicken Sandwich Fish Sandwich Choice of Fruit Corn Baked Beans |
| 21 NO SCHOOL | 22 Tacos (meat, cheese, flour tortilla) Choice of Fruit Refried Beans Corn Blueberry Crisp | 23 Chicken Tenders Choice of Fruit Sweet Potatoes Broccoli w/ cheese sauce | 24 Spaghetti w/ roll Choice of Fruit Seasoned Potato Wedges Green Beans | 25 Bosco Sticks w/ marinara Fish Sandwich Choice of Fruit Corn Baked Beans |
| 28 Philly Cheese Steak Choice of Fruit Mashed Potatoes Green Beans | 29 Spicy Chicken Tenders Choice of Fruit Corn Apple Crisp | 30 Hot Sub (meat, cheese, lettuce, WG bun) Choice of Fruit Sweet Potatoes Broccoli w/ cheese sauce | 31 Hot Dog w/ sauce Choice of Fruit Seasoned Potato Wedges Green Beans | 1 The "U" Rib Sandwich Fish Sandwich Choice of Fruit Corn Baked Beans |

News

The "U" In the Wall offers hamburgers, pizza and your choice of fruit and vegetables daily.

Entrees - \$3.00
Turkey Sandwich
Nacho Chips/Cheese Sauce
Turkey Wrap
Yogurt Plate
PBJ Uncrustable
Chef Salad

Sides - \$1.00
Veggie Plates
Side Salad
Fresh Fruit
Fruit Cups

Milk and Sides are offered daily with lunch.

Breakfast – NO CHARGE

Lunch - \$3.00
Reduced - \$.40
Adult - \$3.50
Extra Milk - \$.50

Menu is subject to Change.

Ala carte items cannot be purchased if a student owes lunch charges.